

THE WASHINGTON HOME

2021 Annual Report



The Journey Continues

Our first year as a foundation presented many opportunities for making large and small grants in accordance with our mission. We distributed nearly \$5 million to local organizations in the Washington, D.C. area to support older adults' needs, many of which were exacerbated by the COVID-19 pandemic, such as food insecurity, social isolation, and healthcare support.

We continued our longstanding commitment to end-of-life care with a major grant to hospice provider Capital Caring for a new inpatient hospice center on the campus of Sibley Memorial Hospital. Another major grant was made to IONA Senior Services to establish a new senior center in D.C.'s Ward 8, one of the poorest areas of the city.

In our initial months of research for grantmaking, we have become aware of many highly effective community organizations that provide targeted "boots on the ground" services to seniors in communities across the city. And we identified ways to support our D.C. hospitals' programs that provide extensive community outreach to seniors.

With our first pivotal year behind us, we are positioned to fund many initiatives across the city to carry on our 132-year legacy of helping older adults in the Washington area.



Phyllis Dillinger
Chief Executive Officer/CFO



Sharon Collins Casey
Board Chair, The Washington Home



**THE
WASHINGTON
HOME**

A Charitable Foundation

[TheWashingtonHome.org](https://www.TheWashingtonHome.org)

OUR PROJECTS

Critically Ill

THE ISSUE

In our area, there is a severe lack of in-patient hospice care for Washington, D.C. families. So many don't have the option of access to hospital-based comforting care at end of life.

OUR COMMITMENT

We invested **\$2 million toward Capital Caring Health's** building of a hospice in-patient center at **Sibley Memorial Hospital**. The new center will have the capacity to serve approximately 200 patients and their families each year.

We also provided **\$305,000 to enable inpatient hospice care** at **Providence Hospital**, at **Joseph's House**, and at **Stoddard Baptist Nursing Home**, serving nearly 200 patients and their families.

\$35,000 was used to provide ice cream treats to patients, families, and staff in hospice, serving nearly 1,200 patients and 1,700 staff.

The Washington Home also seeks to support those facing critical illness with resources, medical services, and home care.

We funded **\$469,000** to provide free **COVID-19 testing**, deliver **telemedicine programs** for older adults, and support enhanced **medical and spiritual care** for **cancer patients**, providing access to more than **3,000 doctor visits** for nearly **5,300 patients**.

Partners include George Washington University Hospital, Medstar Washington Hospital Center, Sibley Memorial Hospital, Georgetown Hospital, Children's National Hospital, and Unity Health Care.



Social Isolation

THE ISSUE

Nearly **1 in 4 seniors is considered socially isolated** — living alone with limited community connections. Being alone, especially for seniors, can lead to an increase in serious health conditions and a shortened lifespan.

OUR COMMITMENT

We invested **\$161,000 to subsidize community village membership costs** and expand virtual programming at the **13 DC Villages**, a neighbors-helping-neighbors network for seniors aging in place. This **supported more than 2,100 seniors**, with programs ranging from nutrition to exercise and workshops to support aging in place.

We funded **\$20,000 for Terrific, Inc.**, to conduct **10,000 wellness calls** and mail thousands of outreach materials to seniors,

reaching **4,190** who live alone or at risk of experiencing social isolation.

An additional **\$15,000 was provided to Kingdom Care Senior Village**, the only village in D.C.'s **Ward 8** area. The funds helped staff to conduct community outreach in senior buildings to raise awareness of the village network and increase access to support services.



Caregiver Support

THE ISSUE

Nearly **1 in 10 seniors has dementia**; many more have chronic conditions that require long-term, intensive care. Others have physical or mental declines that require a higher level of daily care. Caregiving resources and support are scarce, which leads to families feeling overwhelmed and financially burdened.

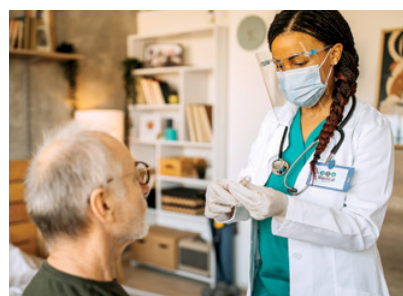
OUR COMMITMENT

We invested **\$1 million in IONA Senior Services** toward building an adult day center in D.C.'s Ward 8 area, an area that had no respite care resources available. The new center will boost the area's capacity to serve an additional **50 adults per day**, nearly **10,000 visits per year**.

We funded **\$55,000** to **Smith Center for Healing & the Arts** and **Sibley Memorial Hospital** to support educational workshops for nearly 600 caregivers and older adults to develop skills to manage critical care.

We provided **\$270,000 in funding** to **Capital Caring Health** and the four D.C. lead agencies — **East River Family Strengthening Collaborative, Inc. (ERFSC)**; **IONA Senior Services**; **Seabury Resources for Aging**; and **Terrific Inc.** — to provide respite care for 113 adults for 7,400 hours of care for families.

We addressed pandemic-related supply needs, donating **\$5,000 to Home Care Partners** so it could provide personal protective equipment to its caregiving staff.



Food Insecurity

THE ISSUE

In the Washington, DC area at least **1 in 6 residents faces food insecurity**, many of them vulnerable seniors – an issue exacerbated by the ongoing pandemic.

OUR COMMITMENT

Funding support of **\$34,000 was given to We Care, Inc.** (also known as Feed The Fridge) — enabling **3,000 holiday meals** to be served to seniors — and **\$27,500 went to Food & Friends**, which provided **2,750 meals** for seniors. Additionally, as a portion of our initial funding to the 13 DC Villages, they provided **423 meals** to seniors in the community.

\$5M

Funded in Inaugural Giving 2020-21

23,000

Seniors & Families Supported

33

Community Partnerships Formed for Impact

8

Wards Served Tech, Meals, Care, & Wellness

The Washington Home continues its longstanding mission by providing funds to support older adults in communities throughout the Washington, D.C. area.

We seek to serve as a catalyst, connector, and change maker.

We work with community leaders helping to solve problems, reduce redundancy, and give access to funding for impact.

TWH is focused on building strong community trust and serving older adults in the Washington, D.C. area in safe and healthy ways.



Connect With Us

Have an idea on how we can work together to drive change for older adults in our Washington, D.C., community? Contact us!



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Our Mission

To provide funding to entities that create and deliver innovative, compassionate and well-managed programs to improve the quality of life for elderly and/or terminally ill residents in the Washington, D.C. metropolitan area.



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