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Meet The Team



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THE **AGENDA**





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The Washington Home

Focus

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GREETINGS ABOUT US



A Charitable Foundation





Our History

Since 1888, The Washington Home (TWH) has been supporting the most vulnerable in the Washington community.

Until recently, TWH provided long-term care to residents of its nursing home facility in upper Northwest Washington, D.C. and hospice care to patients in their own homes, and through the in-patient hospice wing of the nursing home.

In 2020, the TWH Board of Directors repositioned the organization to fund entities that improve the quality of life for older adults and/or terminally ill residents in the Washington, D.C. metropolitan area.









Our Commitment

Mission

Our mission is to fund entities that create and deliver **innovative**, **compassionate** and **well-managed programs** to improve the quality of life for older adults and/or terminally ill residents in the Washington, D.C. metropolitan area.

Investment

Over the past three years (July 2020 - June 2023) The Washington Home has **provided over \$14M in funding** to local Washington, D.C. organizations that provide care and services supporting the TWH's mission.

Looking Ahead In Year 4, we will continue to seek opportunities to make key investments that directly impact systemic issues for more sustainable solutions over the long-term. Giving By Investment FY 2021 FY 2022 FY 2023 \$4.422 M \$4.720 M \$4.805 M





AREAS OF FOCUS





Funding Priorities

We invest in local, community efforts to address social isolation, caregiver relief, food insecurity, and specialized health care for older adults and the critically ill.

- Critically III Caregiver Relief & Hospice
- Critically III Healthcare/Workforce
- Food Insecurity
- Social Isolation
- Impact Giving Sponsorships



Critically III

In 2023 alone, a total of 4,489 direct care workers left the DC workforce.

This represents nearly 30% of all workers who were providing direct care to seniors and people with disabilities.





Innovative Solutions: 5-year investment for D.C. Geriatrics Center &

House Call Center

Meeting Community Need: Serving 4,000 older adults

Grant Amount: \$1,300,000.00



Innovative Solutions: Improving care for geriatric patients at the

emergency department

Meeting Community Need: Supporting the vital programs and staff in

the emergency room serving an additional 10,000 patients

Grant Amount: \$1,000,000.00





Innovative Solutions: Fund Geriatric Career Builders

Program and 12 nursing scholarships

Meeting Community Need: Building workforce dev

sustain critical medical position staffing of 42 profe.

Grant Amount: \$1,013,000.00

Critically III

An estimated 36,000 D.C. residents have difficulty with self-care/and or with living independently.

- 19,500 (age 18-64) need temporary or permanent care
- 16.500 (age 65+) are unable to live independently without support
- These numbers are projected to increase by 10% every 5 years



Our investments support **inclusiveness** that recognizes the whole person and provide care to underserved communities.



Innovative Solutions: Care Navigator and marketing at the new Max Robinson Center

Meeting Community Need: Providing care and resources for more than 100 LGBTO+ older adults in Wards 7 & 8

Grant Amount: \$150,000.00



Innovative Solutions: Hospice care for indigent patients Meeting Community Need: Bridging health disparities among homeless patients with HIV/AIDS and terminal cancer; supporting 8 patients at a time

Grant Amount: \$75,000.00



Innovative Solutions: Providing dentures and oral ca Meeting Community Need: Funding dental care for

Grant Amount: \$50,000.00

Food Insecurity

DC ranks #1 with 13.5% of older adults experiencing food insecurity.

We invest in programs that develop **food security plans** and create **collaborative partnerships** to reduce the **insecurity rate** for older adults.



Innovative Solutions: Senior Brown Bag Program / Senior Food Convening Meeting Community Need: Providing fresh produce and groceries to more than 4,453 seniors; Convening alliances to reduce food insecurity among older adults

Grant Amount: \$287,000.00



Innovative Solutions: Homebound meal delivery service

Meeting Community Need: Tailored meals for more than 2,350 critically

ill older adults

Grant Amount: \$100,000.00



Innovative Solutions: Chef demonstrations and cultural processing Community Need: Supporting food programs

adults

Grant Amount: \$50,000.00



Social Isolation

Nearly 74% of older adults live alone in DC.



HelpAge



We invest in programs that help **reduce social isolation** and offer **dynamic ways** for older adults to engage with each other.



Innovative Solutions: Senior Camp - an outdoor recreational retreat

for older adults, and older adult programs in Ward 8

Meeting Community Need: Creating new experiences and memories

for 160 older adults

Grant Amount: \$125,000.00

Innovative Solutions: The Friendship Bench DC Pilot Program Meeting Community Need: Providing a holistic approach to 120 older adults/grandparents on how to manage mental health

Grant Amount: \$100,000.00

Innovative Solutions: Senior iPad program

Meeting Community Need: Digital virtual trainings and programs for

2,210 homebound seniors

Grant Amount: \$100,000.00

Innovative Solutions: Individual and group therapy someting Community Need: Supporting 20 older adu

navigate the loss of loved ones

navigate the loss of loved ones **Grant Amount:** \$25,000.00



Open RFP Proposal Timeline



1) Refined RFP by 2/16/24 to sustainability, data analytics, and impact metrics. 2) Updated Grant Platform- Submittable to Streamline RFP. & 3) Present Open Proposal Concept to the CEC on 2/6/24.



1) 2-1-7/24 -Distribute Grant Training Invitation & Registration, 3) 2/26/24-Finalized Training Presentation, 4) 3/6/24- Record Webinar, 5) 3-7-24 -Host Grantee Training



1) 3/8/24- Grantee Training is posted on website and social media, 2)3/8/24 - RFP Opens in Submittable, 3) 3/29/24-RFP Closes in Submittable.



1) New Grantee Interviews: 3/11/24, 3/15/24, 3/18/24, & 3/20/24; 2) Program Reviews: 4/1/24. Scores due -4/15/24. 1st Review- 4/19/23, Final Review -4/29/24, & 3) CEC Recommendations 5/2/24, 4) CEC Review & Approvals- 5/7/24. & 5) 5/22/24 -Board Approval



Execute Grant





RFP Process: Goals

Develop	Develop a system for evaluating similar proposals by priority areas for potential investments.
Capacity	Offer an opportunity to build nonprofit capacity around impact and sustainability.
Streamline	Streamline processes for organizational eligibility and mission alignment, grant application review, grant agreements, site visits, and reporting.
Build	Build capacity to measure impact and build coalitions amongst nonprofits by Ward and/or by our priority areas.
Create	Create a process for cultivating a 5-year grantmaking plan.

RFP Internal Review

Invest:

Are all Wards being served through TWH's collective grant investments?

Support:

Does the project align with TWH's mission, and priorities?

Systemic:

Are the approaches innovative & integrated creating systemic change?

Community Voice:

Does this project/program center community voice and build stronger communities for older adults?

Build:

Are pathways provided for building sustainable and/or scalable models?

Collaboration:

Are there partnerships in place to ensure older adults are served wholistically addressing the social determinants of her













What You Need to Know



Required Documents:

- 1. List of Funders
- 2. List of Board of Directors
- 3. Organization Budget/Financial Statement
- 4. 501(c)(3) Letter
- 5. Current 990
- Directors & Officers Insurance (Recommended) *Ne
- 7. Invoice (Sponsorships Only)



Grant Portal: Submittal Instructions

System Requirements

- No Safari
- Add to Safelist the "Submittable" Email Address

Registration Link

- Website
- TWH Social Media

Create an Account

- One Account
- Shared Inbox

Submittable Support

- Resource Center
- Customer Support





System Requirements

& Create Account



A Charitable Foundation







Follow

Request for Proposal Invitation

Welcome! Before you apply...

System Requirements

- Use only supported browsers: Google Chrome, Firefox, and Safari. Internet Explorer is not supported.
- Safelist notification emails from Submittable. All updates regarding your grant application are communicated through Submittable.

Apply

- Create/Register a free Submittable account. Only one account per grant submission is allowed.
- . Save a draft of your work and return at a later date to complete the application.
- · Request to edit or withdraw your grant application once submitted.

Technical Questions?

Check out the Submitter Resource Center or contact Submittable Customer Support.

We use Submittable to accept and review our submissions.

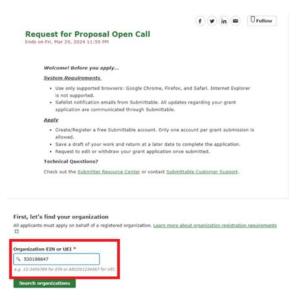
Create Your Account

Have An Account? Sign In





EIN Number



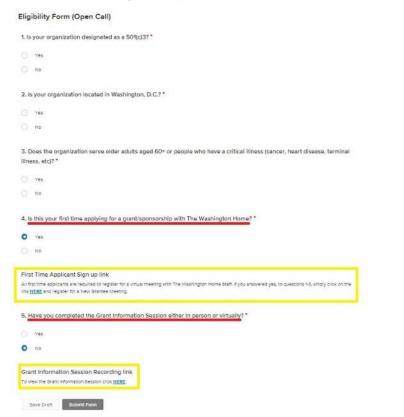


Find Your Organization



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Eligibility Questions



Invite Collaborators







To complete your proposal, please answer all of the required questions and required attach documents. You are able to save a draft of this application to complete at a later time. We look forward to receiving your submission, thank you.



New Grantee Sign-Up

up again.



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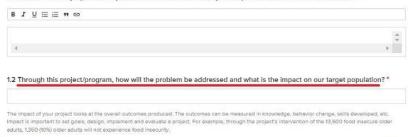
Project Questions: The Solution

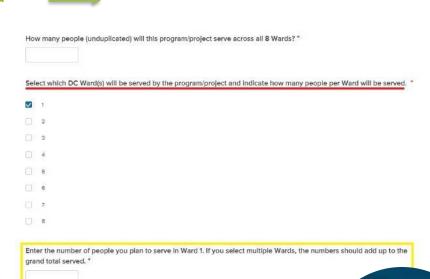
Solution & # Served

About Your Program/Project & Solution



1.1 What problem does this project or program address? Include: impacts on the target population (older adults, caregivers and/or the terminally ill), how many are affected and a brief history of the problem in the District of Columbia.*





Amount of budget allocated for Ward 1. If you select multiple wards, all numbers should add up a

requested for the grant. *



THE RFP Goals

- Impact is more than a number that can be measured.
- What is the overall change you anticipate seeing because of this programming and investment?
- When the grant is completed, how will you know your work has been successful?
- Your goals are how you will measure for success and impact.



Project Questions

Goals



Goals

All goals should be SMART: (5) specific; (M) measurable; (A) attainable; (R) relevant; (T) time-based.

In each Goal area, please list the number (#) and percentage (%) to be served including the overall impact. Impact is the overarching result of the service/intervention provided.

Please include the number served along the percentage, see examples below.

Example #1:

Goal-#85/100 (85%) of Royal Village residents enrolled in the free dinner meals program will report an increase in access to dinner meals

Goal- Royal Village Food Service will note a #50/ 100 (50%) reduction in the number of residents who miss dinner meals due to inate free dinner program.

Example #2:

Goal-To prevent caregiver burnout, #75/100 (75%) of caregivers will participate in 10 coping skills sessions to increase their und needs.

Goal- Caring Hearts organization will report a #60/100 (60%) reduction in the number of caregivers who report feeling burnout bed Prevention program.

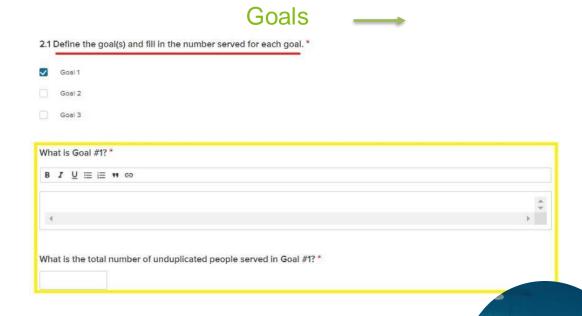


THE RFP Goals





Project Questions: Impact







Project Questions: Sustainability





Sustainability

Sustainability means that a program/project has the necessary support in place to ensure that it will be able to continue to accomplish its goals beyond the grant award. Prospective grantees are encouraged to think about the short and long-term goals of a project/program and identify different strategies to keep the program functioning to accomplish its goals. There are different ways that a program/project can show sustainability. Some examples include collaborating with another organization doing the same work, developing greater capacity for reimbursement, attaining, and leveraging other donors and creating a fee for service model. This includes more than grant diversification.

'Leveraged Funds' can include billable reimbursements, aligned funding, in-kind partnerships, bond bills, or match funding to support the program that TWH may invest. Leveraged Funds should be listed out in the Budget Template with the submission of your application.

3.1 Leveraged Funds- select all that apply.

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Bond Bills
Fee for Service Model

In-Kind Partnerships

Matching Funding (from other donors)







Project Questions: Sustainability

Sustainability ----

3.2 Describe the sustainability plan and how you will scale the project/program moving forward and ensure continuation and the scalability beyond this grant? *



3.3 What will happen to the program/project, if you do not secure the full amount of funding needed for sustainability? Be as specific as possible. *

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Project Questions: Budget

The foundation makes grants that:

- ✓ Start or grow well-conceived programs/organizations;
- ✓ Offer innovative solutions to improve the quality, accessibility and/or delivery of older adults and critical illnesses in Washington, D.C.;
- Replicate and scale successful programs and services from our own or other jurisdictions;
- ✓ Build organizational capacity to enhance sustainability and/or improve service delivery (e.g., commitment to diversity, equity, and inclusion); and
- ✓ Leverage resources, whether human or financial (e.g., revenue, partnerships, matching, or aligned funds).

The foundation does not:

- x Give to endowment funds:
- x Fund lobbying or political activities;
- x Make grants to individuals;
- x Fund programs that provide gift cards;
- x Provide funds to private foundations unless for a particular garden
- x Replace government funding; or
- x Fund religious activities, although secular health program religious institution, or its affiliate(s) may qualify.





Project Questions: Narrative

Tips:

- Provide an explanation of the costs in each budget category. The descriptions in the narrative must match the items in the budget chart
- Describe which budget items will be covered by the grant or matching funds (e.g., cost-share or in-kind).
- Provide estimates and supporting justification of each proposed line item in the budget and describe programmatic relevance.

For example: "Personnel – Caregiver Support-Group Facilitator,
 \$840 (\$35/hr x 1hr per week x 24 weeks)"

Budget & Sustainability

- ALICE: Represents earnings more than the Federal Poverty Level, but not enough to afford the basics where they live.
- Traditional economic measures underestimate the actual cost of basics. To better capture the reality of household costs in the District of Columbia, United For ALICE provides budgets that are tailored by county and household type.
 - These budgets include housing, childcare, food, transportation, health care, and technology (smartphone plan), plus taxes and a 10% miscellaneous category.
- The ALICE Household Survival Budget: The Household Survival Budget reflects the minimum cost to live and work in the modern economy.



TWH is committed to working towards supporting livable wages in the District of Columbia through our grant investments.

To learn more about what is considered a livable wage, please visit ALICE:

Asset Limited, Income Constrained, Employed-District of Columbia - <u>United Way NCA 2023</u>

ALICE Reports.



The Survival Budget – Expenses Differ by Household Type: 2021

Monthly Costs and Credits	Single Adult	One Adult, One Child	One Adult, One In Childcare	Two Adults	Two Adults Two Children	Two Adults, Two In Childcare	Single Senior	Two Seniors
Housing - Rent	\$1,833	\$1,794	\$1,794	\$1,794	\$2,025	\$2,025	\$1,833	\$1,794
Housing - Utilities	\$154	\$239	\$239	\$239	\$292	\$292	\$154	\$239
Childcare	\$0	\$241	\$643	\$0	\$482	\$1,694	\$0	\$0
Food	\$573	\$972	\$872	\$1,051	\$1,713	\$1,562	\$529	\$970
Transportation	\$166	\$332	\$166	\$332	\$663	\$332	\$166	\$332
Health Care	\$209	\$547	\$547	\$547	\$922	\$922	\$593	\$1,187
Technology	\$75	\$75	\$75	\$110	\$110	\$110	\$75	\$110
Miscellaneous	\$301	\$420	\$434	\$407	\$621	\$694	\$335	\$463
Tax Payments	\$629	\$864	\$903	\$726	\$1,335	\$1,556	\$725	\$1,162
Tax Credits	\$0	(\$409)	(\$724)	\$0	(\$818)	(\$1,459)	\$0	\$0
Monthly Total	\$3,940	\$5,075	\$4,949	\$5,20 6	<mark>\$7,345</mark>	\$7,728	\$4,410	\$6,25 7
ANNUAL TOTAL	\$47,280	\$60,900	\$59,388	\$62,472	\$88,140	\$92,736	\$52,920	<mark>\$75,084</mark>
Hourly Wage	\$23.64	\$30.45	\$29.69	\$31.2 4	\$44.0 <mark>7</mark>	\$46.3 <mark>7</mark>	\$26.46	\$37.54



The table on the left shows an itemized budget, along with monthly and annual totals and the hourly wage needed to support the budget for some of the most common household types.

In 2021, household costs in the District of Columbia were well above the Federal Poverty Level of \$12,880 for a single adult and \$26,500 for a family of four.

*Minimum Wage: \$17.50 (\$35,79

as of 7/1/24



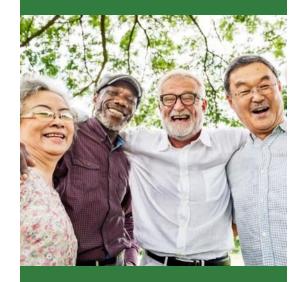




Innovative Opportunities for Impact

- Collaborations to systemically meet the Food Security,
 Workforce, and Healthcare needs of older adults in every Ward
- Planning and capacity building grants to build scalable models for systems change
- Multi-year, **systemic investments** to build community coalitions to address comprehensively the needs of older adults
- Healthcare workforce pipelines ranging from education/certification, training, and career at a self-sufficiency wage to enable support of older adults.

THANK YOU





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