







THE WASHINGTON HOME

# 2025 Impact Report



# Catalyst.

# Connector.

# Change Maker.

\$5.6M

Funded in Year 5 Grants 2024–25 80,000

Older Adults & Caregivers Supported

PROJECTED 2025

77,000

Older Adults &
Caregivers Supported

ACTUAL 2024

**Our Mission:** To provide funding to entities that create and deliver innovative, compassionate, and well-managed programs to improve the quality of life for older adults and/or terminally ill residents in the Washington, DC, metropolitan area.

## **Partner Connections Align Missions & Service**

With steadfast commitment to our mission, we are thrilled to celebrate our fifth year by awarding \$5.6 million across 38 grants to 34 organizations — each one creating sustainable solutions and strengthening integrated services for older adults. Our focus on expanding healthcare, nutrition access, and reducing social isolation is anticipated to reach nearly 80,000 older adults in Washington, DC.

To amplify our reach and spark new opportunities, we hosted 13 community partner meetings and events. These gatherings brought together local organizations, igniting collective action and inspiring innovative, long-term strategies for systems transformation. Through our investments we are building durable infrastructure: pioneering healthcare worker training programs that connect with hospital hiring, as well as supporting visionary capital projects that are making nutritious food and affordable assisted-living more accessible for DC older adults. We're also championing Ward lead agencies, adult day centers, and senior wellness centers — bolstering their core services and supporting new programs for older adults citywide.

This year, we also completed our FY24 grants, having a direct and powerful impact benefiting over 77,000 older adult residents. None of this would have been possible without our passionate community partners whose dedication and collaboration have truly made these achievements a reality.

This ongoing work proudly builds on The Washington Home's remarkable 137-year legacy of service. Together, we are laying the foundation for a brighter, more connected future for all. Looking ahead, we remain committed to assessing community needs and developing strategic responses alongside our partners, to ensure the city's older adult residents thrive.

**WE SEE OUR ROLE AS A CATALYST, CONNECTOR, AND CHANGE MAKER** — driving positive change with energy and unwavering purpose.



**Crystal Carr Townsend, MPA**Chief Executive Officer



Sharon Collins Casey Board Chair

# In the Community

### **Partner Organizations**

Alzheimer's Association

Bread for the City

Capital Area Food Bank

Capital Caring Health

Christ House, Inc.

Community of Hope

DC Central Kitchen

East River Family

Strengthening Collaborative

Far Southeast Family

Strengthening Collaborative

Food & Friends

George Washington

University

Georgetown University

Goods for Good

Home Care Partners, Inc.

 ${\bf Howard\ University-Hattie}$ 

Holmes Senior Wellness

Center

Howard University — Hayes

Senior Wellness Center

Iona Senior Services

Joseph's House, Inc.

Lisner-Louise-Dickerson-

**Hurt Home** 

Martha's Table

Medstar Washington

**Hospital Center** 

Miriam's Kitchen

Northwest Neighbors Village

(13 DC Villages)

Plants and Blooms Reimagined

Prevention of Blindness Society

of Metropolitan Washington

Rebuilding Together DC •

Alexandria

Seabury Resources for Aging

Sibley Memorial Hospital

Foundation

SOME, Inc.

The Catholic University of

America

The Wilderness Technology

Alliance

Unity Health Care

Vida Senior Centers

We Are Family Senior

**Outreach Network** 

Zion Baptist Church, Inc.

(Genevieve N. Johnson Senior

Day Care Center)

### **Monthly Partner Connect Meetings**

Collaboration in Action







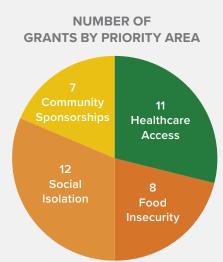


TWH supports community-provider learning and connections with its TWH Partner Connect events.

### **The Washington Home Priority Areas**

Through our community investments we are working to improve healthcare access and food security, as well as reduce social Isolation for older adults.

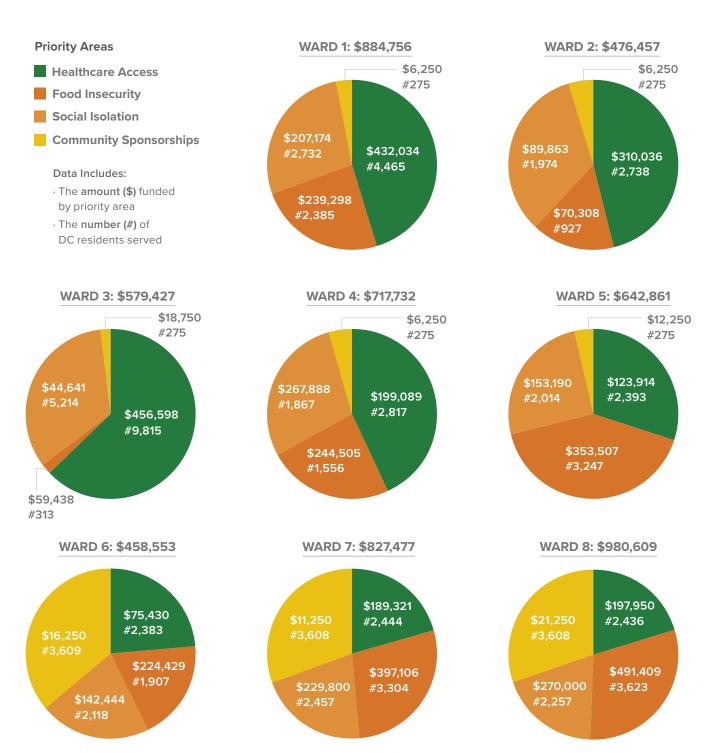




#### **Investments By Priority Area & Ward | FY 2025**

We are committed to ensuring that our investments are reaching every Ward, across all priority areas, to address healthcare needs for older adults and the critically ill, caregiver relief, food insecurity, and social isolation.

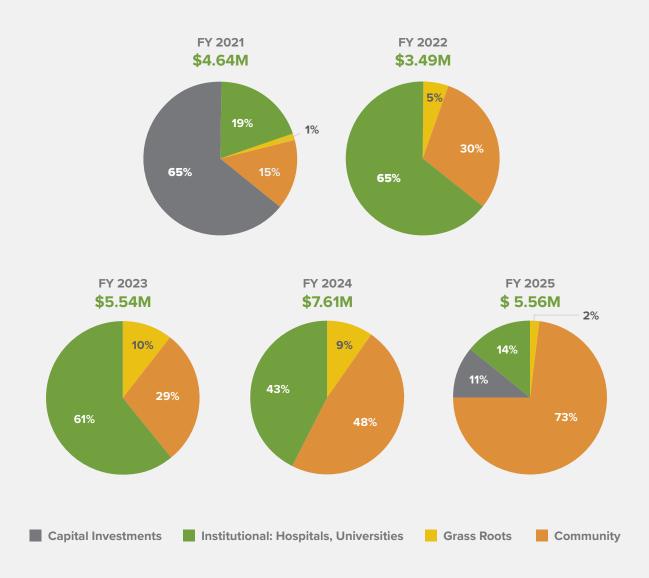
The analysis conducted by Ward enables us to understand what partners and services are in a community and the potential resource gaps. In year six as a foundation, we are continuing to support collaboration among our partners in each of the Wards through service expansion and strategic discussions.



# **Annual Investment**

The Washington Home utilizes multiple data sources to gain deeper insights into the types of organizations being funded. We look at where investments are being made, and which services are being supported to better assess the impact on our older adult community.

**Since becoming a foundation five years ago**, The Washington Home has granted more than \$26.8M to support the DC older adult community.



#### SUPPORT FOR

# The Healthcare Workforce, Caregivers, & the Critically Ill

We invested nearly \$2.1M for healthcare workforce initiatives and healthcare access to positively impact 29,000+ Washington, DC, residents through wellness centers, care coordination, medical respite, dental and vision care, nursing and medical student scholarships and training. We also continued support of the long-term care coalition to address barriers for healthcare workers.

79%

of older adults have two or more chronic health conditions.

Source: Centers for Disease Control and Prevention (CDC)

71%

of providers report increased difficulty recruiting new direct care staff compared to one year ago.

Source: DC Coalition on Long Term Care

## **Building Systemic Solutions**

We supported local organizations' efforts to establish networks for long-term change to improve access to hospice services, healthcare, and innovative care programs.

# Community of Hope & Unity Health Care

Providing all-inclusive dental support covering preventive care and specialty services.

# Prevention of Blindness Society of Metropolitan Washington

Providing on-site vision screenings, exams, glasses, and referrals as needed, at local senior wellness centers.

# The Catholic University & Sibley Hospital

Creating a collaborative scholarship program to train nursing students for geriatric specialties and employment.

#### IN ACTION

#### Lisner-Louise-Dickerson-Hurt Home

The Washington Home provided capital investment support for the creation of 36 new and nine renovated affordable assisted-living units in the original building of the Lisner-Louise-Dickerson-Hurt Home — a residential center that provides health and life care services to low- and modest-income older adults in DC. The 45 age-friendly living spaces are in addition to the 60-bed skilled nursing facility, providing accommodations for 105 residents.



# **Building Partner Networks**

We partnered with these DC nonprofits to deliver community healthcare support:

#### **Healthcare Workforce**

- · Christ House
- · Georgetown University
- · Home Care Partners, Inc.
- · The Catholic University of America
- · Miriam's Kitchen

#### **Healthcare Access**

- · Capital Caring Health
- · Community of Hope
- · Joseph's House, Inc.
- · Lisner-Louise-Dickerson-Hurt Home
- · Prevention of Blindness Society of Metropolitan Washington
- · Unity Health Care

"Our aide from Home Care Partners is the best! Mom is very pleased by her customer service, expertise, and experience. She is a true gem, and I could see her in a supervisory position of training the new aides on their duties."

- FAMILY MEMBER OF CARE RECIPIENT, HOME CARE PARTNERS, INC.









Clockwise from top left: Celebrating at the Home Care Heroes Banquet hosted by Home Care Partners, Inc.; nursing students at the Georgetown University School of Nursing; Joseph's House gathering to reflect and honor former residents who have passed on; Miriam's Kitchen guest with their student navigator assisting with service connections.

Photos courtesy of Joseph's House and Miriam's Kitchen

#### **SUPPORT TO**

# **Promote Food Security**

We invested nearly \$2M for healthy food access to increase coverage to serve 17,000+ older adults in need of nourishing food and wellness support. Programs include food as medicine initiatives, meal and grocery deliveries, as well as a pilot program to access fresh produce via a food credit program.

# **Building Systemic Solutions**

We supported local organizations' efforts to provide nutritional resources for older adult residents.

#### **Seabury Resources for Aging**

Increasing access to nutritious meals at community dining sites, transportation to grocery stores, nutrition education, and boosting community connection.

#### Capital Area Food Bank (CAFB)

Providing a comprehensive approach to addressing older adult hunger by supplying community partners with healthy foods and directly reaching older adults in DC through their brown bag and silver market distributions.

In the spring of 2026, TWH is sponsoring the CAFB Senior Food Security Summit.

12.8%

of DC's older adults are food insecure compared to 9.2% nationwide.

Source: Feeding America

53%

of food insecure older adults are more likely to report a heart attack.

Source: Capital Area Food Bank

# We Are Family Senior Outreach Network, Inc.

Providing monthly and emergency grocery deliveries, as well as friendly volunteer visits and staff support services.

They are also participating in our pilot collaboration with CAFB to access fresh produce through food credits.

#### IN ACTION

#### **Food & Friends**

The Washington Home provided a \$1.5M multiyear capacity-building grant to increase access to medically tailored meal deliveries for more than 4,500 older adults over the next five years.



# **Building Partner Networks**

We partnered with these DC nonprofits to promote healthy food access:

Bread for the City
Capital Area Food Bank

- Goods for GoodMartha's Table
- · DC Central Kitchen
- · Seabury Resources for Aging
- · Food & Friends
- · We Are Family Senior Outreach Network





Clockwise from top left: Bread for the City farmers market; food pantry at Martha's Table; Capital Area Food Bank volunteers at a local food distribution event; local older adult receiving a Goods for Good We Care gift bag.

Photos courtesy of Bread for the City, Goods for Good, and Martha's Table





"We can't really express in words the many ways **you have touched our hearts and helped us deal with terminal illnesses** that my husband and I work every day to survive — with joy! Thank you for all you do to help our whole family."

- PROGRAM PARTICIPANT, FOOD & FRIENDS

#### SUPPORT FOR

# The Alleviation of Social Isolation

We granted \$1.4M in social and wellness support services to connect 20,000+ older adults and their caregivers to resources.

Older adults are often at increased risk for loneliness and social isolation because they are more likely to face issues such as living alone, the loss of family or friends, chronic illness, mobility challenges, cognitive impairment, and hearing and vision loss.

36,000

DC residents have difficulty with self-care and living independently.

Source: DC Coalition on Long Term Care

55%

of DC's Senior Villages' activities focus on combating social isolation, supported by 35,000 volunteer hours.

Source: DC Villages

## **Building Systemic Solutions**

We supported local organizations' efforts to establish resources within the community to provide caregiver support and decrease loneliness and social isolation.

# **East River Family Strengthening Collaborative, Inc.**

Providing wellness activities, healthy meals, and support services for older adults.

This year, our investment also supported their partnership with Capital Caring Health on the Robotic Pets Program, providing 1,000 robotic pets to socially isolated older adults.

#### **Vida Senior Centers**

Washington, DC's oldest Hispanicserving nonprofit assists older adults to age in place.

Participants receive prepared meals, behavioral health support, nutritional advice, and wellness activities. TWH funding also suppports Vida's new home visitation program offering wellness and care management services.

# Rebuilding Together DC • Alexandria

Providing home repair and renovations for older adults to help them remain in their homes safely.

#### IN ACTION

#### **Iona Senior Services**

Iona operates two adult day health centers: the Wellness & Arts Center in Tenleytown and the Washington Home Center in Congress Heights. In addition to their on-site services, Iona's Community-Based Memory Care and Respite Program (CBMCRP) supports DC residents with dementia education, screening, and access to services that help them live independently. Iona also provides dementia knowledge training for caregivers and caregiver respite for those caring for individuals with dementia.



## **Building Partner Networks**

We partnered with these DC nonprofits to deliver social isolation prevention programs and services:

- · East River Family Strengthening Collaborative
- · Far Southeast Family Strengthening Collaborative
- Howard University Hattie Holmes
   Senior Wellness Center
- Howard University Hayes Senior Wellness Center
- · Iona Senior Services

- · Plants and Blooms Reimagined
- · Rebuilding Together DC Alexandria
- · Seabury Resources for Aging
- · SOME, Inc.
- · The Wilderness Technology Alliance
- · Vida Senior Centers
- · Zion Baptist Church, Inc. (Genevieve N. Johnson Senior Day Care Center)









Clockwise from top left: Fashion show at Hayes Senior Wellness Center; Music Memory Café at the Genevieve N. Johnson Senior Day Care Center; flower arrangements by Plants and Blooms Reimagined; Wild Technology Alliance program site visit.

Photos courtesy of Hayes Senior Wellness Center/Ann-Marie VanTassell, photographer; Plants and Blooms Reimagined; and Wild Technology Alliance

#### "This center has been a lifeline — not just a place to go, but a place to thrive.

Each day brings joy and purpose, and I feel part of something truly uplifting. I've made friends, learned new things, and found real support through Spanish classes, arts and crafts, and wellness programs that keep us active and connected."

- SENIOR WELLNESS CENTER PARTICIPANT, HOWARD UNIVERSITY

# Community Sponsorships

Beyond program and service support, there are valuable community-connection opportunities for network development, research, and raising additional funds to deepen impact.

**WE INVESTED** 

\$98,500

in sponsorship and support for Washington, DC, nonprofits.

## **Building Partner Networks**

We partnered with these DC nonprofits to advance networking opportunities for collaboration and leverage additional resources:

- · Alzheimer's Association
- · Capital Caring Health
- · Food & Friends
- · Iona Senior Services
- · Joseph's House, Inc.
- · Seabury Resources for Aging
- · Unity Health Care

#### **SPOTLIGHT**

#### **Award-Winning Work**

The Washington Home received two community awards in recognition of its funding support for programs and services that expand the care of older adults in Washington, DC.







- ▲ 2025 Partner in Caring Award
  Presented by Unity Health Care
- ◆ 2025 Leadership in Aging Award
  Presented by Seabury Resources for Aging















From top, left to right by row: Far Southeast Family Strengthening Collaborative site visit; Iona's Heart of Caring community event; Food & Friends' Chef's Best event; Capital Area Food Bank pantry prep; Lisner-Louise-Dickerson-Hurt Home site visit; community leaders at one of The Washington Home's monthly Partner Connect meetings; community film screening and panel discussion for the new PBS/WETA movie Caregiving. Page 12, top left: Photos courtesy of Unity Healthcare/Michele Egan, photographer, Point de vue.

The Washington Home continues its longstanding mission by providing funds to support older adults in communities throughout Washington, DC, and we look forward to continuing our community partnerships to further our impact.

#### **Connect With Us**

Have an idea about how we can work together to drive change for older adults in our Washington, DC, community? Contact us!



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